

Letter of Agreement

This agreement specifies the services to be rendered by Dr. Sérgio Felipe de Oliveira and his team at the Pineal Mind Instituto de Saúde (São Paulo, Brazil) to the Antioch University Los Angeles Master of Arts in Psychology Program for the course entitled PSY525BR Spirituality in Clinical Practice: Medicine and Psychology, which will be held from September 16 to September 22, 2015, at the aforementioned clinic.

I. Parties

This agreement is made on August 18, 2015, between Antioch University Los Angeles and Pineal Mind Instituto de Saúde.

II. Project Administration

A. Antioch University Los Angeles agrees to:

1. Prior to the course, ensure that the students enrolled in this course have met prerequisites for this course (Society and the Individual, Assessment of Psychopathology, Professional Ethics and the Law, and Process I).
2. Prior to the course and during the course, provide two Antioch instructors in order to ensure academic preparation and mutual cooperation among the matriculated students and Dr. Oliveira and team.
3. During the course, continually maintain and exchange communication with Dr. Oliveira and team in order to coordinate activities and make changes in the program as needed.
4. During the course, oversee students' responses to the course material.
5. During the course, provide guidance throughout and recommendations should any difficulty arise.

B. Dr. Sérgio Felipe de Oliveira and team agree to:

1. During the course, provide lectures, practice learning, field study visits, and other activities as described on the attached syllabus.
2. During the course, follow as closely as possible the schedule of activities as described on the class program (available on the syllabus of the course).
3. During the course, continually maintain and exchange communication with both Antioch University Los Angeles instructors in order to make suggestions, coordinate activities, and monitor the progression of the course and students' performance and responses.

4. At the completion of the course, provide to Marli Kakishima, MFT, short evaluation notations about each one of the students, in order to help her compose the final electronic academic evaluation. These notations will be emailed to Marli Kakishima (mkakishima@antioch.edu), by October 10, 2015.

C. Subsequent to the conclusion of the course, Dr. Sérgio Felipe de Oliveira and team, and Antioch University Los Angeles MA in Psychology Program agree to:

1. Consult and obtain approval from the other party in order to release, and or make public, any recorded, photographed, and like material produced throughout the course.

III. Financial Obligations

Antioch University Los Angeles makes the following grant to Pineal Mind Instituto de Saúde:

1. The sum of US\$6,800.00 (six thousand and eight hundred US dollars) corresponding to the course fee for 17 students at US\$400.00 fee per student.
2. The total sum of the course fee will be paid by means of Visa University credit card on the first course day, that is, on September 16, 2015.

By signing this Agreement, Dr. Sérgio Felipe de Oliveira agrees to:

1. Produce a receipt to Antioch University Los Angeles, to be given in person to Marli Kakishima, upon the total course fee payment.
2. Take responsibility for the payment of any taxes pertaining to this payment in Brazil, if applicable.

Signatures:

Antioch University Los Angeles
400 Corporate Pointe
Culver City, CA 90230, USA



Tex Boggs (President)

date: 8/17/2015

Dr. Sérgio Felipe de Oliveira
Pineal Mind Instituto de Saúde
Rua Paulo Orozimbo, 916
Aclimação – São Paulo – SP, Brazil
CEP 01535-001

Dr. Oliveira (Master instructor)

date:

PSY525BR
Spirituality in Clinical Practice: Medicine and Psychology
(3 units)

Pre-departure class meetings: Class 1: Sunday, July 19 - from 3 to 5:30 pm
(AULA Campus – Room A1006) Class 2: Sunday, August 16 - from 3 to 5:30 pm
Class 3: Sunday, August 30 - from 3 to 5:30 pm

Course in São Paulo, Brazil: September 16 to 22, 2015
Field Study in Rio de Janeiro, Brazil: September 23 to 26, 2015

Instructor Name & Degree: Marli Kakishima, MA, MFT - AULA MAP Teaching Faculty
Contact Phone: (310) 578-1080 x344
Contact Email: mkakishima@antioch.edu
Faculty Availability: Monday 9 to 11 am; Tuesday 3:30 to 4:30 pm; Wednesday 3 to 4 pm; Thursday 2 to 3 pm

Instructors in Brazil: **Sérgio Felipe de Oliveira, M.D. (Master Instructor)**
Medical Doctor from University of São Paulo (FMUSP, São Paulo - SP)
Clinical Director of Pineal Mind Instituto de Saúde (São Paulo - SP)
Founder and coordinator of Uniespírito (Universidade Internacional de Ciências do Espírito – Guarulhos - SP)
Professor of Medicine and Spirituality at the School of Medicine of University of São Paulo (FMUSP, São Paulo - SP)

Márcia Fuga
Pineal Mind Instituto de Saúde
Administrative Manager

Kátia Resende
Pineal Mind Instituto de Saúde
Psychologist

Sônia Rinaldi
Instituto de Pesquisas Avançadas de Transcomunicação Instrumental (IPATI)
Founder and Director

Sissy Fontes, M.D.
Universidade Federal de São Paulo – Escola de Medicina
Clinical Director of Neuromuscular Diseases Sector

Frederico Leão, M.D.
Casas André Luiz
Clinical Director

Support Staff: Grant Elliott, Ph.D. (AULA), Alin Kristin Gioelli (PMIS), Suzana Perl (RJ)

I. Course description

Spirituality in Clinical Practice: Medicine and Psychology is an international course offered by AULA MAP (Master of Arts of Psychology Program) with the objectives of: introducing students to clinical practice according to a transdisciplinary approach in outpatient healthcare, with the integration of Medicine, Psychology, and Spirituality at Pineal Mind Instituto de Saúde; and fostering self-development as global citizens. This course will focus on clinical cases of dissociative mental disorders and other syndromes that were unresponsive or presented poor prognosis from traditional medical and mental health treatment approaches. This course encompasses classroom lectures, clinical learning, field study, and intensive intercultural exchange with patients and treatment team members from diverse socio-economic, human diversity, ethnic, cultural, spiritual, and religious backgrounds.

Course background

The 'severely mentally ill' have been historically stigmatized, marginalized, oppressed, and extricated from mainstream society. Although cultural and human diversity sensitive approaches have been gradually implemented in the mental health field, Euro-American styles of psychotherapy and pharmacotherapy have not always reflected the patients' needs beyond the reduction of signs and symptoms. The search for alternative methods of medical and mental health treatment that are scientifically and clinically compatible, has become, therefore, the goal of numerous researchers and practitioners worldwide.

The transdisciplinary, unlike the inter and multidisciplinary approaches, includes spirituality as one of the core features in treatment. Such an approach is in concordance with the WHO transcultural health paradigm where medicine, spiritual and religious beliefs are criteria for quality of life, as measured by WHOQOL-SRPB (World Health Organization Quality of life - Spirituality, Religiousness and Personal Beliefs) Field-Test Instrument. Concomitantly, ICD-10 (International Statistical Classification of Diseases and Related Health Problems, 10th edition), recognizes spiritual influence as a health condition, as evidenced by the diagnosis *F44.3 Trance and Possession Disorders*. Additionally, the DSM-5 (Diagnostic and Statistical Manual of Mental Disorders, 5th edition), includes the term '*spirit possession*' and '*trance*' in the chapter addressing dissociative disorders (*F44.81 Dissociative Identity Disorder; F44.89 Other Specified Dissociative Disorder*).

Sérgio Felipe de Oliveira, M.D., an important Brazilian researcher and physician who designed and implemented the transdisciplinary approach at hospitals and prestigious Schools of Medicine in Brazil (University of São Paulo and Federal University of São Paulo) will be the Master Instructor of this course. Lectures will include: integrative medicine with data drawn from scientific research conducted by Dr. Oliveira; principles of clinical anamnesis; spiritual and religious patient experiences as sources of insights into pathogenesis; discussions on modern framework of transdisciplinary approaches; and the mental health clinician's role in the biopsychosocio-spiritual paradigm. Clinical learning will take place at Dr. Oliveira's clinic, Pineal Mind Instituto de Saúde, where students will observe and be trained in actual clinical anamnesis (case history); get introduced to assessment of electrophysiological and brain imagery data for case conceptualization from a transdisciplinary perspective; observe psychotherapy sessions; participate in group exercises with patients and local psychotherapists; and present a clinical case based on the learned concepts at the conclusion of the course. Field Study will take place at two hospitals specialized in severe neurodegenerative and brain malformation diseases: the Neuromuscular Diseases Clinic of UNIFESP, and Casas André Luiz.

Prerequisites: In virtue of the strong focus on clinical learning, this course is designed for clinical psychology students who completed prerequisites for clinical traineeship, as follows:

- PSY501A Process of Interpersonal Psychotherapy
- PSY541F Assessment of Psychopathology

- PSY541G Psychopathology and Treatment Planning
- PSY548 Professional Ethics and the Law

Repeat policy: Students who have earned credit in this course may not repeat the course for credit.

II. MAP Program Learning Outcomes

1. **Theoretical Learning:** Describe, critique, and apply major theories in the field of psychology.
2. **Clinical and/or Community Applications:** Apply a broad range of intervention skills to clinical and/or community practice with diverse populations.
3. **Professionalization:** Conduct themselves as professionals in the field, with reasonable judgment, effective interpersonal skills, and adherence to legal and ethical guidelines/obligations of practice.
4. **Human Diversity and Social Justice:** Demonstrate awareness, sensitivity, and skills in working with individuals, groups and communities from various cultural backgrounds and identities, and, in working to dismantle systems of marginalization, domination, and oppression.
5. **Reflective Practice:** Use self-awareness including self-analysis, observation, inquiry, and purposeful reflection to continually improve their own self-knowledge, interpersonal effectiveness, and professional skills.

III. Course Learning Outcomes (CLOs)

CLO1. Students will demonstrate ability to analyze and articulate two key concepts from Medicine, Psychology, and Spirituality integrative approaches, supported by indexed scientific literature and systems integrated with the World Health Organization model.

CLO2. Through class exercises students will demonstrate understanding and practice of clinical/psychotherapeutic interventions according to the biopsychosocio-spiritual integrative model.

CLO3. Students will demonstrate understanding and ability to apply relevant US and Brazil legal and ethical medical/mental health field protocols.

CLO4. Students will demonstrate capacity to understand human, physical, social, cultural, religious, spiritual pluralism and model it in all interactions with patients, classmates, and the treatment team members.

CLO5. Students will reflect upon reactions and responses to diverse biopsychosocio-spiritual paradigms, and demonstrate capacity to link self observations with processes regarding self development as global citizens.

Course Learning Outcomes Matrix

Applicable PLOs	Course Learning Outcomes	Learning Activities
Theoretical Learning	<p>CLO1. Students will demonstrate ability to analyze and articulate two key concepts from Medicine, Psychology, and Spirituality integrative approaches, supported by indexed scientific literature and systems integrated to the World Health Organization model.</p> <p>Evaluation Criteria</p> <ul style="list-style-type: none"> ➤ Students will conceptualize clinical cases by addressing the patients’ spiritual 	<p>Reading Field Visits Case Analysis Documentation Case Analysis Presentation</p>

	domains based on information obtained through the WHOQOL – SRPB (World Health Organization, Quality of Life – Spirituality, Religiousness, and Personal Beliefs), DSM-5 (Dissociative Disorders chapter), and assigned readings.	
Clinical and/or Community Application	<p>CLO2. Through class exercises students will demonstrate understanding and practice of clinical/psychotherapeutic interventions according to the biopsychosocio-spiritual integrative model.</p> <p>Evaluation Criteria</p> <ul style="list-style-type: none"> ➤ Students will perform clinical anamnesis (case history) by integrating the following aspects: <ul style="list-style-type: none"> • Biopsychosocio-spiritual Anamnesis • Psychological Assessment focused on spirituality in accordance to scientific research methodology (i.e., USA NIHR Scientific Research on Spirituality and Health: A Consensus Report) • Psychiatric Assessment in accordance to Brazilian Health Professionals protocols • Research on spirituality in accordance to scientific research methodology (i.e., USA NIHR Scientific Research on Spirituality and Health: A Consensus Report) ➤ Students will raise hypotheses at the exposure to brain imagery exams (from the neurological perspective), and electroencephalogram tests with brain mapping, as a means to attempt to identify correlations that could enhance understanding of the relationship between mind and brain. 	<p>Field Visits Experiential Exercises Case Analysis Documentation Case Analysis Presentation</p>
Professionalization	<p>CLO3. Students will demonstrate understanding and ability to apply relevant US and Brazil legal and ethical medical/mental health field protocols.</p> <p>Evaluation Criteria</p> <ul style="list-style-type: none"> ➤ Students are expected to rigorously follow the US and Brazilian legal, ethical, and professional protocols when attending lectures, observing clinical 	<p>Field Visits Experiential Exercises Case Analysis Documentation Case Analysis Presentation</p>

	interventions, and interacting with patients and treatment members.	
Human Diversity and Social Justice	<p>CLO4. Students will demonstrate capacity to understand human, physical, social, cultural, religious, spiritual pluralism and model it in all interactions with patients, classmates, and the treatment team members.</p> <p>Evaluation Criteria</p> <ul style="list-style-type: none"> ➤ Students will demonstrate human (sexual orientation, sexual identity) and psychosocial, religious/spiritual, and cultural diversity sensitivity when interpreting signs and symptoms, and conceptualizing clinical cases considered as atypical in the United States. ➤ The student’s demeanor will reflect what is perceived as respectful and appropriate by the local culture, as well as by Antioch University Student Conduct policy, especially: timeliness, accountability, dependability, and cordiality in communal activities (e.g. services and training at the clinical settings, teamwork, treatment team meetings). <ul style="list-style-type: none"> • For information on AU Student Conduct policy, visit the link: https://portal.antioch.edu/group/au-us-university-policies/student 	<p>Field Visits Experiential Exercises Case Analysis Documentation Case Analysis Presentation</p>
Reflective Practice	<p>CLO5. Students will reflect upon reactions and responses to diverse biopsychosocio-spiritual paradigms, and demonstrate capacity to link self observations with processes regarding self development as global citizens.</p> <p>Evaluation Criteria</p> <ul style="list-style-type: none"> ➤ Students will demonstrate capacity to articulate reflection on countertransference, personal biases regarding different biopsychosocio-spiritual paradigms, as well as identify areas for further growth as psychotherapists and global citizens. 	<p>Field Visits Experiential Exercises Daily Journal Case Analysis Presentation Final Paper</p>

IV. Assignments

Pre-departure Class Meetings (CLOs 3, 4 and 5) (At AULA campus)

Class 1 – Science and Spirituality

Class 2 – Spiritism, Mediumship

Class 3 – Brazilian Psychosocial Paradigm, Logistics and Student Conduct Policy

Field Visits (CLOs 1, 3, 4, and 5) (September 17 & 21, 2015)

Guided by Dr. Oliveira, the students are going to visit the Outpatient Medical Clinic of Neuromuscular Diseases of Federal University of São Paulo (São Paulo), and Hospital of Casas André Luiz (Guarulhos).

The students are going to engage in:

- Treatment team meetings and discussion about clinical cases treated by means of biopsychosocio-spiritual approaches (CLO1, CLO2, CLO3)
- Interactions with patients – as appropriate – in order to explore their unique biopsychosocio-spiritual backgrounds, and perceptions of their conditions (CLO 4);
- Reflections (intrapsychic, intrapersonal) upon responses and reactions to: diverse patients undergoing different types and levels of distress; and different clinical approaches of treatment (CLO 5);
- Reflections (intrapsychic, intrapersonal, interpersonal) exploring ways in which the students can actively contribute as global citizens (CLO 5).

Reading (CLO1)

The students are going to read the required texts listed on this syllabus, as well as material available at the Pineal Mind Instituto de Saúde as needed.

Experiential Exercises (CLOs 2 , 3, 4, and 5)

- Participation in experiential exercises and discussion held at the Pineal Mind Instituto de Saúde modeling the biopsychosocio-spiritual approaches;
- Participation in Psychodrama sessions with the objective to facilitate integration with the treatment team, which consists of healthcare professionals, instructors, and other classmates;
- Observation of clinical work by healthcare professionals (physicians and psychologists), clinical interviews, physical examinations, laboratory analyses, brain imagery examinations, psychotherapy sessions, complementary therapies, and hospitalizations as needed.

Daily Journal (CLO 5)

Daily reflections on course learning and experiences in order to facilitate exploration of transference, and intrapsychic processes. The journal will not be submitted to the instructor, but will help the student to compose the Final Paper. (NOTE: This will be a private activity, and not submitted to instructor.)

Case Analysis Presentation (CLOs 1, 2, 3, 4, and 5) (Due: September 22nd, 2015)

Students are going to present orally the Case Analysis for class discussion in the last class meeting. The presentation must display a professional demeanor, and receptivity to feedback by instructors, treatment team members, and classmates. Whereas the students will not have to submit a documentation of the clinical case during the presentations, they are expected to demonstrate understanding of the content as well as ability to cohesively and clearly present the analysis. In virtue of the relatively short time available for its preparation, it is recommended that the students draft the

sequence of the presentation, bringing notes and whichever material that can support their performance.

This presentation will serve as basis for the preparation of the Case Analysis Documentation, a written assignment to be submitted to Sakai Assignments.

Field Visit in Rio de Janeiro (CLOs 4 and 5) (September 23, 24, and 25, 2015)

Students are going to get introduced to Rio de Janeiro in walks, tours, and leisure. The objective of this field study is that of experiencing a diverse psychosocial paradigm in which natural beauty, dramatic socio-economic strata dividing the population, African influence in music, dance and art, and blending of 'carioca' and 'gringo' cultures coexist, defining an extraordinary, challenging, and unique social landscape.

NOTE:

In virtue of security concerns in certain areas of Rio Janeiro, the students must engage in the activities as a group.

Case Analysis Documentation (CLO 1, 2, 3, and 4) (Due: Wednesday, November 25th, 2015)

Students will assess, conceptualize, and formulate a tentative treatment plan for a clinical case of her/his choice from a transdisciplinary perspective reflecting essential features of the patient's biopsychosocio-cultural and spiritual paradigms.

Students should be attentive to the following:

- The clinical case must be written at the graduate level in a manner that can be presented in conferences, and published as articles on medical journals in Brazil.
NOTE: The material produced by the students will serve as a bridge connecting the understanding of the 'mind' - intrapsychic, intrapersonal, transpersonal, and interpersonal processes - and the 'brain' - biochemical and physiological processes - by means of a database located at the School of Medicine of USP - University of São Paulo. These clinical cases will be accessible to medical students, licensed physicians, and mental health professionals in order to deepen understanding of the clinical effects of transdisciplinary treatment approaches.
- The documentation must present basic fluency in clinical language and terminology.
- The work must integrate material from the WHOQOL, lectures, and assigned readings.
- Conceptualization and treatment plan must demonstrate human diversity and biopsychosocio-spiritual sensitivity.

Conceptualization and treatment plan must be transdisciplinary and in accordance to biopsychosocial and spiritual paradigm with sensitivity regarding pluralism in sexual orientation, sexual identity, culture, ethnicity, physical and mental ability, spirituality, religion, and other variables that define difference. (NOTE: Please, post the Case Analysis Documentation on Sakai [Assignments](#))

Final Paper (CLO 5) (Due: Wednesday, November 25, 2015)

Students are required to write a **Final Paper** integrating formal academic content from the course, field visits, personal processes (intrapsychic, intrapersonal, interpersonal), and experiences at the Pineal Mind Instituto de Saúde, UNIFESP, Casas André Luiz, and Rio de Janeiro.

The following focal points should be explored: reflections on what you have learned about yourself at the exposure to the Brazilian psychosocial and spiritual paradigms; what you have learned in this course that you will never forget; how you are going to implement what you learned in your daily life as a person, member of the community, future psychotherapist, and global citizen.

The paper should be written in APA style, contain between 5 to 10 double-spaced pages, and include diverse references. (NOTE: Please, post the Final Paper on Sakai [Assignments](#))

Post-course class meeting (Date: October 25, 2015 – room 1006 – from 3 to 5:30 pm)

This meeting will consist on discussion and reflections upon the course in Brazil subsequent to its conclusion. The object is that of drafting possible projects for the future, as well as hearing the aspirations of all the participants of this course.

Submission of assignments (Case Analysis Documentation and Final Paper):

Case Analysis Documentation and Final Paper are to be submitted online via Sakai, as follows:

- Write the papers in **Word**, or **PDF**, and save them on your desktop.
- Go to Sakai site and click on *Assignments* (under *Course Tools*).
- Click on the corresponding assignment name (e.g., *Final Paper*).
- Attach your work, and click on 'submit.'

Deadline:

6 pm LA local time on Wednesday, November 25th, 2015

- Attention: Sakai will not accept your assignments after the deadline.
- The time noted on your Sakai screen should be that of Los Angeles. If the time is incorrect, adjust it to US/Pacific time zone by clicking on the student icon at the upper right-hand corner of the screen, on *Preferences*, on *Time Zone*, on *US/Pacific*, and on *Update Preferences*.
- Feedback will be returned to assignments submitted timely.

Ethical and Legal Protocols

Dr. Oliveira and his team will be responsible for the didactic and legal/ethical protocols at the Pineal Mind Instituto de Saúde, which is properly regulated by the Brazilian Regional Council of Medicine. Thus, for the entirety of the course, the students must follow Dr. Oliveira's guidelines. Should questions arise, the students are kindly requested to contact the instructors.

V. Evaluation criteria

Criteria for CLO1:

- Students will conceptualize clinical cases by addressing the patients' spiritual domains based on information obtained through the WHOQOL – SRPB (World Health Organization, Quality of Life – Spirituality, Religiousness, and Personal Beliefs), DSM-5 (Dissociative Disorders chapter), and assigned readings.

Criteria for CLO2:

- Students will perform clinical anamnesis (case history) by integrating the following aspects:
 - Biopsychosocio-spiritual Anamnesis

- Psychological Assessment focused on spirituality in accordance to scientific research methodology (i.e., USA NIHR Scientific Research on Spirituality and Health: A Consensus Report)
- Psychiatric Assessment in accordance to Brazilian Health Professionals protocols
- Research on spirituality in accordance to scientific research methodology (i.e., USA NIHR Scientific Research on Spirituality and Health: A Consensus Report)
- Students will raise hypotheses at the exposure to brain imagery exams (from the neurological perspective), and electroencephalogram tests with brain mapping, as a means to attempt to identify correlations that could enhance understanding of the relationship between mind and brain.
 - NOTE: Dr. Oliveira will provide this training at Pineal Mind Instituto de Saúde. The analysis of brain imagery and electroencephalogram tests is performed by the transdisciplinary treatment team with the aim to formulate treatment plan.

Criteria for CLO3:

- Students are expected to rigorously follow the US and Brazilian legal, ethical, and professional protocols when attending lectures, observing clinical interventions, and interacting with patients and treatment members.

Criteria for CLO4:

- Students will demonstrate human (sexual orientation, sexual identity) and psychosocial, religious/spiritual, and cultural diversity sensitivity when interpreting signs and symptoms, and conceptualizing clinical cases considered as atypical in the United States.
- The student's demeanor will reflect what is perceived as respectful and appropriate by the local culture, as well as by Antioch University Student Conduct policy, especially: timeliness, accountability, dependability, and cordiality in communal activities (e.g. services and training at the clinical settings, teamwork, treatment team meetings).
 - For information on AU Student Conduct policy, visit the link: <https://portal.antioch.edu/group/au-us-university-policies/student>

Criteria for CL5:

- Students will demonstrate capacity to articulate reflection on countertransference, personal biases regarding different biopsychosocio-spiritual paradigms, as well as identify areas for further growth as psychotherapists and global citizens.

Letter of Concern

Instructor may send a *Letter of Concern* to students who present difficulty in the academic performance during activities prior and during the course in Brazil.

VI. Letter Grade Equivalent Policy

Letter grade equivalents may not be given unless students request them in writing by week two of the quarter to Marli Kakishima, MFT (mkakishima@antioch.edu).

VII. Required texts and readings:

American Psychiatric Association (2013). *Diagnostic and statistical manual of mental disorders (5th ed.)*. American Psychiatric Publishing.

ISBN-10: 0890425558

Jung, C. G. (1970). *Psychiatric studies (The collected works of C. G. Jung, vol. 1)* (R. F. C. Hull Trans.). H. Read, M. Fordham, & G. Adler (Eds.). Princeton, NJ: Princeton University Press.

ISBN-10: 0691097682

Kardec, A. (1857). *The spirits' book*. edicei of America

ISBN-13: 9788598161181

<http://www.ediceiofamerica.com/spiritual-books/allan-kardec-spiritist-books-in-english/the-spirits-book/>

WHO (2012). *WHOQOL-SRPB spirituality, religiousness, and personal beliefs field-test instrument*.

Mental Health: Department of Mental health & Substance Dependence, World Health Organization: Geneva, Switzerland.

http://www.who.int/mental_health/media/en/622.pdf

Readings posted in Resources (Sakai)

Selected texts from:

Sadock, B. J., & Sadock, V. A. (2009). *Kaplan and Sadock's comprehensive textbook of psychiatry* (9th ed.). LWW.

ISBN-10: 0781768993

Bibliography for further study

Benson, H. (1997). *Timeless healing*. New York: Scribner.

ISBN-10: 0684831465

Bragdon, E. (2013). *Spiritism and mental health*. Philadelphia, PA: Singing Dragon.

ISBN-10: 1848191359

Dossey, L. (2000). *Reinventing medicine: Beyond mind-body to a new era of healing*. New York: HarperOne.

ISBN-10: 0062516442

Figusch, Z. (2005). *Sambadrama: The arena of Brazilian psychodrama*. London: Jessica Kingsley Pub.

ISBN-10: 184310363X

Koenig, H. G. (2013). *Spirituality in patient care: Why, how, when, and what (3rd ed.)*. West Conshohocken, PA: Templeton Press.

ISBN-10: 1599474255

Schuon, F. (2003). *Understanding Islam*. World Wisdom.

ISBN-10: 0941532240

Stevenson, I. (2000). *Children who remember previous lives: A question of reincarnation (revised ed.)*. McFarland.

ISBN-10: 0786409134

Xavier, F. C. (2006). *Nosso lar: An account of life in a spirit colony in the world of spirits*. Conselho Espírita Internacional

ISBN-10: 8598161217

Watkins, A. (1997). *Mind-body medicine: A clinician's guide to psychoneuroimmunology*. Churchill Livingstone.

ISBN-10: 0443055262

VIII. Class schedule (subject to change)

Mon, Sep 14, 2015	LAX Terminal 4 Check in time: 3 pm American Airlines: 215	Departure from LAX: 6:35 pm	Arrival at GRU Terminal 3 (following day): 10:45 am
Tue, Sep 15, 2015	Arrival and check in at the hostel	7:30 pm – Social Gathering with Dr. Sérgio and Team 1900 Pizzeria Rua Estado de Israel, 240 – Vl. Mariana – SP – SP (11) 5575-1900 / 5572-9763 / 5572-9108	
Class	Topics	Instructors	Readings (prior to class meetings)
DAY 1 Wed, Sep 16, 2015 8 - 10 am	- Greetings and Welcome Speech - Legal and Administrative Structure of a service that integrates Medicine, Psychology, and Spirituality	Sérgio Felipe de Oliveira, M.D. Márcia Fuga Pineal Mind Clinic's Managing Director	Sakai Resources: <i>Psychiatry and Spirituality</i>
10 - 11 am	- Break		
11am - 12 pm	- Spiritual Approach	Kátia Resende (psychologist)	<i>The Spirits' Book</i> Sakai Resources: <i>Theories of Personality</i>
12 to 2 pm	- Lunch		
2 – 3:30 pm	- Evidence of Life After Death through Instrumental Transcommunication	Sônia Rinaldi Founder and Director of IPATI (Instituto de Pesquisas Avançadas em Transcomunicação Instrumental)	www.ipati.org
3:30 - 5 pm	- Participation in the Life After Death Support Group meeting - Studying the phenomenon of Psychography (automatic writing) and Mediumship	Kátia Resende Sérgio Felipe de Oliveira, M.D.	
5 - 6 pm	Wrap up – Day Closure	Sérgio Felipe de Oliveira, M.D.	
7 pm	- Casual dinner at Shopping Center Cidade Jardim http://www.shoppingcidadejardim.com/		
DAY 2 Thu, Sep 17, 2015 8 - 10 am	- Lecture (continuation of previous topic)	Sérgio Felipe de Oliveira, M.D.	Sakai Resources: <i>Jung</i>
10 - 11 am	Break		

11 am to 12 pm	- Studying medical exams and tests, including neuroimages of patients	Sérgio Felipe de Oliveira, M.D.	Sakai Resources: (TBD) Training at Pineal Mind Instituto de Saúde DSM 5: Dissociative Disorders
12 to 1 pm	- Lunch		
1:30 – 5:30 pm	<p>UNIFESP School of Medicine of Federal University of São Paulo</p> <p>Outpatient Transdisciplinary Clinical Work</p> <p>Assistance at the Clinic of Integrative Care: Program for patients with ALS (Amyotrophic Lateral Sclerosis) and Myasthenia Gravis, and caregivers. Specifically, in this semester, assistance will be given to patients with Myasthenia Gravis (a chronic autoimmune neuromuscular disease characterized by varying degrees of weakness of the skeletal (voluntary) muscles of the body.</p>	<p>Sérgio Felipe de Oliveira, M.D.</p> <p>Sissy Fontes, M.D.</p>	<p>UNIFESP Field Study</p> <p>Sakai Resources: Neuromuscular Diseases</p>
TBD			
DAY 3 Fri, Sep 18, 2015 8 to 10 am	- Lecture (continuation of previous topic)	Sérgio Felipe de Oliveira, M.D.	DSM 5: Dissociative Disorders
10 to 11 am	- Break		
11 am to 12 pm	- Analysis of medical exams and tests, including neuroimagery of patients' conditions	Sérgio Felipe de Oliveira, M.D.	Training at Pineal Mind Instituto de Saúde
2 to 3:30 pm	- Patients undergo medical consultation (students observe)	Sérgio Felipe de Oliveira, M.D.	Training at Pineal Mind Instituto de Saúde

4 to 6 pm	- Study concerning written communications obtained during Psychodrama (Mediumship) sessions	Sérgio Felipe de Oliveira, M.D.	Observation at Pinea Mind Instituto de Saúde
6 to 7 pm	- Spiritual Psychotherapeutic Approach	Kátia Resende	Observation at Pinea Mind Instituto de Saúde
Approx. 7:30 pm	- Dinner at Alto da Harmonia	Antioch Faculty	Alto da Harmonia Rua Harmonia, 271 Vila Madalena – SP – SP
DAY 4 Sat, Sep 19, 2015 8 to 10 am 11 to 12 am	- Review of experiences during Psychotherapeutic approaches presentation - Review of the phenomenon of automatic writing (psychographics) through mediumship - Review of lessons taught to date Q & A	Sérgio Felipe de Oliveira, M. D.	Review all texts, and notations in order to ask questions
6 pm 7:30 pm	- Praça Pôr do Sol - Dinner and music at Casa do Núcleo	Antioch Faculty	Praça Pôr do Sol Praça Cel. Custódio Fernandes Pinheiros, s/n – Alto de Pinheiros – SP – SP Casa do Núcleo R. Padre Cerda, 25 Alto de Pinheiros – SP – SP (11) 3032-8401 / 3815-9714
DAY 5 Sun, Sep 20, 2015 11 am 1:30 pm 3 pm	- SP Field Study - Concerto at Sala São Paulo - Lunch at Cantina do Piero - SP Tour (TBD)	Antioch Faculty	Sala São Paulo is one of the most important concert halls in the world. Cantina do Piero Rua Haddock Lobo, 728 Jardins – S{ - SP

DAY 6 Mon, Sep 21, 2015 8 to 9 am	- Breakfast at Casas André Luiz	Sérgio Felipe de Oliveira	Field Study
9 to 11 am	- Presentation of the medical care done at Casas André Luiz' long-stay unit and Clinical Cases	Frederico Leão, M.D Casas André Luiz Clinical Director Sérgio Felipe de Oliveira, M.D.	Field Study
11 to 11:30 am	Coffee Break		
11:30 am to 1 pm	- Visiting Casas André Luiz patients	Anelise Ramos Casas André Marketing Manager (TBD)	Field Study
1 to 2:30 pm	Lunch		
2:30 to 4:30 pm	Wrap up – Day Closure	Sérgio Felipe de Oliveira, M.D.	
DAY 7 Tue, Sep 22, 2015	- Case Analysis Presentations - In depth study of medical records of medicine and spirituality	Sérgio Felipe de Oliveira, M.D.	
SP to Rio DAY 8 Wed, Sep 23, 2015 5:45 am 7:30 am 1:30 pm 2pm or (after)	Bus pick up to Terminal Rodoviário do Tietê Viação 1001 departure to RJ Arrival in RJ Bus Transfer Check in at Atlantis Copacabana	Antioch Faculty	Field Study
Rio DAY 9 Thu, Sep 24, 2015 7:45 am to 8 pm	Guided Tour (Please, walk in groups for safety reasons.)	Suzana Perl (tour guide) Antioch Faculty	Field Study
Rio DAY 10 Fri, Sep 25, 2015	Free Day (TBD) (Please, walk in groups for safety reasons.)	Antioch Faculty	Field Study

Rio DAY 11 to SP Sat, Sep 26, 2015	Hotel Check Out		
7:45 am	Bus pick up		Arrival at LAX on the following day (Sunday, Sep. 27): 7:05 am
9:30 am	Viação 1001 departure to SP		
3:30 pm	Arrival in SP (Tietê) Bus transfer to GRU	END of ANTIOCH ACTIVITIES*	
7 pm	GRU Check in time: 7 pm	* Faculty stays in SP in order to fulfill tasks at Salão do	
10:30 pm	American Airlines: 216	Estudante (International Fair of International Universities in SP)	

IX. Attendance

Students are required to attend all pre-departure class meetings (Antioch campus), lectures (Pineal Mind Instituto de Saúde), experiential exercise sessions (Pineal Mind Instituto de Saúde and Casas André Luiz), meetings with the treatment team members (Pineal Mind Instituto de Saúde, Department of Neurology and Neurosurgery of UNIFESP, and Casas André Luiz) field study visits (Department of Neurology and Neurosurgery of UNIFESP, Casas André Luiz, and others), and clinical practice training (Pineal Mind Instituto de Saúde) on a timely and professional manner. In virtue of the massive amount of content, practice, and clinical process involved in this course, delays of 15 minutes or more will count as absences. Unexpected and unavoidable situations that prevent the student from attending any activity should be promptly communicated to Antioch instructors. As the University policy states: "If a student attends less than 80% of class sessions, the student will earn no credit for the course. (See *AULA General Catalog*, <http://aulacatalog.antioch.edu/>).

X. Program Policies and Procedures

Incomplete policy

Per University policy, students must complete all course work by the deadlines stated in this syllabus. "If a student anticipates not being able to complete required work by the end of the term, the student may request an Incomplete from the instructor. Incompletes are awarded at the discretion of the instructor. Faculty members are neither obligated nor encouraged to award Incompletes. When a student receives an Incomplete, all outstanding course or project work must be submitted by the sixth week of the subsequent term." (See *AULA General Catalog*, <http://aulacatalog.antioch.edu/>)

Information Literacy and Research Requirements

All students are expected to develop an understanding of how to find and use resources appropriate for academic inquiry and scholarship. *Written work should be clear, logically stable, supported by evidence and relatively free of grammatical error. If a student needs assistance in any of these areas, they may be referred to the Math and Writing Center for assistance.*

Basic proficiency in Sakai is required for the submission of the **Final Paper and Seminar Presentation** (both posted onto Sakai Forums; hard copy submitted to Dr. Oliveira), and access to additional reading material.

Student Conduct Policy

Respectful conduct is expected of students on the campus at all times, both inside and outside the classroom. See *AULA General Catalog, 2014-2015* (<http://aulacatalog.antioch.edu/>) for university policy. Examples of disrespectful conduct during class include working on material not relevant to the

course, texting, web browsing, engaging in hostile and/or denigrating speech toward another member of the class, failure to turn in assignments on time, monopolizing class discussions, and failure to attend class without completing the reading assignments, among others.

In addition to AULA conduct policy, the students attending all AULA MAP international courses should keep in mind the development of fully conscious global citizenship focused on the following:

- Respectful demeanor, curiosity, empathy, and open-mindedness to understand and immerse in diverse biopsychosocio-spiritual paradigms;
- Awareness of personal biases regarding different biopsychosocio-spiritual paradigms;
- Intact perception and demeanor, that is, not impacted by the influence of substance abuse/misuse, and/or addictive behaviors;
- Development of teamwork;
- Professionalism as evidenced by timeliness, accountability, and dependability;
- Commitment to integrate the learning and training obtained in international courses into the personal, communal, and professional domains toward a collaborative and interdependent global community.

Important:

AULA MAP International projects are designed to foster access of students to diverse, unique biopsychosocio-spiritual learning experiences that are based on mutual collaboration and trust with hosting settings, staff, and instructors. Thus, participating students must keep in mind the responsibility of representing AULA with professionalism, teamwork, respectfulness to the local biopsychosocio-spiritual paradigms, and humility as global citizens.

Plagiarism Policy

Plagiarism – that is, the intentional or unintentional borrowing of another person’s ideas, images, research, or data without citation -- is a serious breach of academic integrity that results in sanctions, including dismissal from the University. Please consult 6th Edition APA Guide for specific guidance on avoiding plagiarism while taking notes, summarizing, paraphrasing, and quoting from sources. Please also feel free to ask me for clarification.

University policy describes plagiarism as “the representation of someone else’s writing, graphics, research, or ideas as one’s own. Paraphrasing an author’s ideas or quoting even limited portions of the work of others without proper citation are also plagiarism, as is cutting and pasting materials from the Internet into one’s academic papers. Extreme forms of plagiarism include submitting a paper written by another person or purchased from a commercial source.” (See *AULA General Catalog, 2013-2014*, <http://aulacatalog.antioch.edu/>)

Reasonable Accommodation for Students with Disabilities

Antioch University is committed to providing reasonable accommodations to qualified students with disabilities in accordance with Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 2008. Students with disabilities may contact the Disability Support Services office to initiate the process and request accommodations that will enable them to have an equal opportunity to benefit from and participate in the institution’s programs and services. Students are encouraged to do this as early in the term as possible, since reasonable accommodations are not retroactive. The Disability Support Services office is available to address questions regarding reasonable accommodations at any point in the term.

For more information, please contact studentaffairs.aula@antioch.edu or the Office of the Provost at (310) 578-1080 extension 401.

XI. Antioch University Policies:

Antioch University is committed to building a vibrant and inclusive educational environment that promotes learning and the free exchange of ideas. Our academic and learning communities are based upon the expectation that their members uphold the shared goal of academic excellence through honesty, integrity, and pride in one's own academic efforts and respectful treatment of the academic efforts of others.

All students are expected to comply with Antioch University policies, including the Title IX Sexual Harassment and Sexual Violence Policy and the Student Conduct Policy.

To access academic, student, and other university policies are available online:
http://aura.antioch.edu/au_policies/